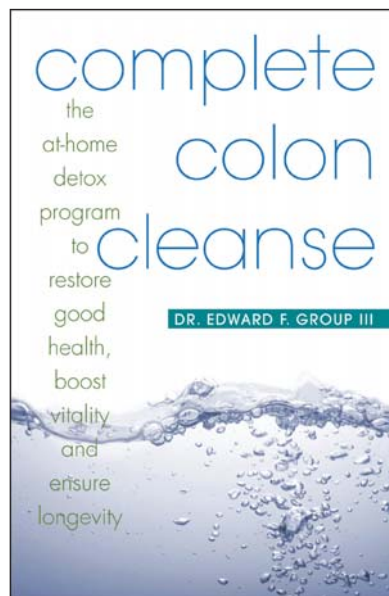


A quick and easy way to cleanse the body of toxins

For Immediate Release



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About the Author

Dr. Edward F. Group III developed a desire to heal during his service in the U.S. Army. In 1998 he founded the Global Healing Center and the popular website colon-cleanse-constipation.com. His efforts to discover the very best holistic medicine have led him to meet with natural practitioners on five continents.



A Different Kind of Doctor

New Book Vindicates Lifelong Struggle to Spread the Benefits of Holistic Medicine

With the publication of his first book, *Complete Colon Cleanse*, Dr. Edward Group knows there is widespread interest in holistic medical advances. But it wasn't always this way. There was a time when most people disparaged alternative medical practitioners — in fact, he did this himself.

"I was about to go into med school and accomplish my dream of being a cardiac surgeon." Dr. Group recalls, "Then I met this alternative Cancer doctor who was getting good results. I questioned him, called him a witchdoctor and a quack. He challenged me to prove to him that pharmaceutical drugs do more than just address the symptoms of disease. I said 'OK you're on! I will prove to you that science is right and that the only real medicine is prescription medication'."

Group spent the next six hours at the library pouring through biochemistry books and medical journals. Once he began to question what he'd accepted from the start, everything the medical industry had taught him began to unravel.

"I was in shock as I felt my lifelong dream melt away in minutes. What was I supposed to do now? Everything I had been taught was drugs, drugs, drugs." Swallowing his pride, he apologized to the alternative health practitioner and asked him how to begin on the path that would shape the rest of his life.

"From that moment on I devoted my life to healing patients using natural substances." He became unimpressed with the newest and latest drugs, instead looking to treatments that have been effective for thousands of years.

With the exception of his mother, his family deserted him. "But I was passionate and knew from the bottom of my heart that this was the right thing to do. By 2001, I was traveling throughout the U.S. promoting our natural health systems and teaching practitioners how to heal the body using natural methods."

Since then, his efforts at the Global Healing Center have helped and healed thousands of people worldwide, from professional athletes to those chronically bedridden. How does his holistic approach work? Group is quick to respond: "We look at the body as a whole instead of addressing one symptom at a time. We teach you how to clean your body and your environment, prevent illness, how to stay healthy and happy and live a long stress-free life. The definition of a doctor should be one who teaches, not one who prescribes. That is what Global Healing Center is all about."

To interview Dr. Group or obtain an excerpt from *Complete Colon Cleanse* please contact Karma Bennett at 510-601-8301 x 108.

Contact Person: Karma Bennett, Publicist

510/601-8301 Fax: 510/601-8307

E-mail: karmabennett@ulyssespress.com

P.O. Box 3440 Berkeley, California 94703-3440



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